

Durable Medical Equipment, Prosthetics, Orthotics, and Supplies Competitive  
Bidding Program  
Health Status Monitoring  
Summary of Findings through the Third Quarter of 2013

**No changes in beneficiary health outcomes resulting from the Medicare Durable Medical Equipment, Prosthetics, Orthotics, and Supplies (DMEPOS) Competitive Bidding Program have been observed to date.**

CMS has been actively monitoring the competitive bidding program since it was first implemented in nine Round 1 competitive bidding areas (CBAs) on January 1, 2011. Since the implementation of Round 2 and the national mail-order program for diabetic testing supplies in July 2013, CMS has also been conducting active monitoring across all Round 2 CBAs and in the national mail-order program CBA. All Round 1 and Round 2 CBAs are assigned to one of four DME Medicare Administrative Contractor (MAC) regions, based on their geographic location (Northeast, Midwest, South, and West); . This assignment can be found in all workbooks in the “DME Region Map” tab. The national mail-order program CBA includes all parts of the United States, including the 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, Guam, and American Samoa. CMS monitors three groups of beneficiaries in each of the four DME MAC regions and the national mail-order program CBA.

1. “Enrolled Population”—all people in the CBA enrolled in Original Medicare
2. “Utilizers”—Original Medicare beneficiaries in the CBA who are actively using one of the competitively bid products
3. “Access Groups”— Original Medicare beneficiaries who are likely to use one of the competitively bid products on the basis of related health conditions. In the case of mail- order diabetic supplies, for example, the relevant access group would be composed of beneficiaries with diabetes.

Within these groups, CMS monitors usage rates and a wide range of health outcomes such as deaths, hospitalizations, emergency room visits, physician visits, admissions to skilled nursing facilities, average number of days spent hospitalized in a month, and average number of days in a skilled nursing facility in a month. We note that we are also monitoring beneficiaries who discontinued using a competitively bid item after the program began, beneficiaries who may at some point need the item, and beneficiaries currently using competitively bid items. The data have not indicated any changes in beneficiary health outcomes in any group. Separate workbooks displaying the aggregate and CBA-level rates for the three groups can be found on the CMS website.

The basic structure of the monitoring efforts considers historical and regional trends in health status. To control for historical trends, each CBA’s historical baseline for each rate is provided, beginning in January 2010. Since we cannot develop comparator areas as we did in the Round 1 Rebid, to provide context for the Round 2 CBA rates, historical rates for both Round 1 CBAs and non-competitive bid areas are provided for each of the four DME MAC regions.

In general, Round 2 rates in each DME MAC region are tracking closely to rates for both Round 1 CBAs and non-competitive bid areas both before and after the implementation of Round 2 of competitive bidding. For mail-order diabetic supplies, we provide national rates, as well as historical rates in Round 1 and Round 2 regions for each of the four DME MAC regions. To provide context to overall access to diabetic supplies, we similarly display rates for non mail-order diabetic supplies, although they are currently not a competitively bid product category. It is important to note that the mortality and morbidity rates commonly display seasonal trends unrelated to the competitive bidding program (e.g., winter months of each year typically have elevated rates of mortality and morbidity). It is also important to note that rates that appear more variable tend to be based on a smaller number of beneficiaries.